



2026 CALOUNDRA JUNIOR MIXED SOCIAL COMPETITION

We're excited to announce that **Caloundra District Netball Association (CDNA)** will be hosting our **2026 Junior Mixed Social Competition**, commencing **Wednesday 7 October 2026**.

The competition is designed to provide a **fun, inclusive and competitive environment** where junior boys and girls can enjoy netball, develop their skills and experience playing in a mixed social competition.

The competition is open to **male and female players aged 11–16 years**, with players aged 17 years considered at the discretion of the CDNA Boys/Mixed Subcommittee.

Competition Details:

Day: Wednesday afternoons

Starting: Wednesday 7th October

Time: 4:30pm – 7:30pm

Duration: 7 Weeks (6 rounds + 1 Skills & Development round)

Venues: Caloundra District Netball Association / Caloundra Indoor Stadium / designated CDNA courts

Playing Sections:

11–13 Years (Born 2013–2015)

Games commence: 4:30pm

14–16 Years (Born 2010–2012)

Games commence: 5:30pm

***17 Years** (Born 2009)

May be considered at the discretion of the CDNA Boys/Mixed Subcommittee.

Competition Dates:

*The competition will operate as a **6-week round-robin competition**, with one dedicated week for Skills & Development.*

Round	Date
Round 1	Wednesday 7 October
Round 2	Wednesday 14 October
Round 3	Wednesday 21 October
#Skills & Development	Wednesday 28 October
Round 4	Wednesday 4 November
Round 5	Wednesday 12 November
Round 6	Wednesday 18 November

Make-up Date (if required) Wednesday 25 November

#Depending on final numbers for playing sections, the Skills/Development afternoon may only be allocated to Junior teams, Intermediate Teams may play an additional round.

Expressions of Interest:

Expressions of Interest will be accepted from individual players and existing teams.

- Open: Monday 31st August 2026
- Closes: Friday 25th September 2026

Team EOI

Teams can submit an Expression of Interest by completing the team nomination process.

- Teams may consist of a maximum of 8 players.
- Team nominations must include a Coach or Manager.
- Teams should have a minimum of 2 boys and no more than 4 boys.
- Teams must comply with the Interim CDNA Mixed Representative Player Rule.
- Representative teams are not permitted.



Individual EOI

Players who do not have a team can nominate individually.

- Individual players will be placed into a team within their appropriate age group, subject to availability.
- Players submitting an individual EOI may nominate a friend they would like to play with.
- The Boys/Mixed Subcommittee will allocate players with the aim of creating teams that are as balanced as possible in age, experience and ability.
- We will endeavour to place players with at least one nominated friend where possible; however, friend requests cannot be guaranteed, as team balancing and competition requirements will need to be considered.

Registration & Fees:

Player Registration via Netball Connect: between Saturday 26th September to Monday 5th October 2026

Registration and payment must be completed prior to taking the court.

- Netball Queensland 10-Week Program: \$64.00 (*Unless already registered to the CDNA Junior Competition*)
- CDNA Mixed Competition Fee: \$85.00 (Applicable fees include insurance, affiliation and playing fees).

Competition Format

The competition will be played as a **6-week round robin**, with the fourth week dedicated to Skills & Development.

Game Format:

- 10-minute quarters
- Quarter breaks: 2 minutes
- Half-time: 3 minutes
- Total game duration: approximately **47 minutes**
- Centralised timing managed by the CDNA Control Desk
- Fixtures available through **Netball Connect**
- Live scoring via Netball Connect or paper score sheet

Mixed Competition Rules

The competition will be played under the Rules of Netball – Mixed Rules, including:

- A maximum of 3 boys on court at any one time.
- Boys must play in separate thirds.
- Rolling substitutions may be used.
- The interim CDNA Mixed Representative Player Rule applies.
 - No team may have more than four (4) representative players in total, from any level or association.

Substitute Players

- A team may not commence a game with fewer than 5 original registered players.
- Substitute players must be registered with Netball Queensland.
- A substitute may be used from a lower grade, or across from the lowest division, where appropriate.
- Substitute players may play up to 3 games up for another team.
- Original team members must be given priority, with substitutes used from the bench or to assist when a team is short.

Uniform Requirements

Players are required to wear:

- Dark-coloured clothing, including shirts/singlets
- Appropriate-length bike shorts or shorts (No pockets)

Coloured pull-over bibs will be supplied by CDNA.

Jewellery & Fingernails

- No jewellery is permitted.
- Fingernails must be cut short and smooth.

Points & Ladder

Competition points will be allocated as follows:



Result Points

Win 2

Draw 1

Loss 0

Bye 1

Forfeit 2 points to the non-forfeiting team, or as determined under the Forfeit Rule

*Where teams finish on equal points, ladder positions will be determined by percentage.

Awards

Teams finishing top of their respective ladder will receive a medal for winning their section.

Presentations will take place following the Final Round.

Coaching & Support

CDNA will have two (2) Caloundra Association Coaches available each week to assist teams and players.

CDNA will also supply umpires, with umpires allocated according to the appropriate standard for each playing pool.

Mentors will be utilised where required.

Spectators & Sideline Expectations

To help ensure a safe and enjoyable environment for players and officials:

- Zero tolerance of any kind towards officials, players, umpires and other supporters.
- Spectators must remain in designated spectator areas – grandstand seating between courts 6,7 and 8,9.
- Spectators are not permitted to walk up and down the sidelines or between courts.
- Goal lines and sidelines must remain clear for umpire use at all times.

Match Cancellations

- Only Caloundra District Netball Association has the authority to cancel, or delay matches due to unsafe weather or venue conditions.
- If matches are cancelled or delayed, teams/clubs will be notified directly by email and updates will also be posted on the CDNA Facebook Page.

Forfeits

All forfeits must be notified in writing to, admin@caloundranetball.org.au. Where possible, forfeits should be advised the day prior to competition.

Photography & Videoing

Photography is permitted as long as both team's/all players consent.

NO videoing is permitted.

This is as per our Photo and Videoing Policy, available for review on our [website](#)

First Aid

First Aid will be available at the competition.

Animals

Whilst we love animals, it is preferred that they are kept at home.