



Caloundra District Netball Association

# 2024 JUNIOR REPRESENTATIVE INFORMATION



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## 1. CDNA Representative Programs

The CDNA Representative Program provides players with the opportunity to represent CDNA at a level suitable to their ability, to provide opportunities for players to progress through the Sunshine Coast Netball Region and Netball Queensland's development pathways and to enhance player enjoyment of the game.

Junior State Age – 12 to 14 years (b. 2012, 2011, 2010)

- Attend Representative Day Carnivals
- Attend Netball Queensland Junior State Age Championships – 29<sup>th</sup> June to 2<sup>nd</sup> July - Downey Park Netball Association

## 2. CDNA Junior Representative Selection Program

### Junior Rep Selection Program (RSP)

- The Junior Rep Selection Program is compulsory for girls and boys wanting to trial for CDNA Junior State Age teams. The program will incorporate skills and development, as well as game play trials. Each session forms part of the selection process and all players are expected to attend all sessions. Any exceptions to this will only be considered on a case-by-case basis, taking into account individual circumstances. Any unexplained absences will result in the player being ineligible for selection.
- Any player who is deemed currently not financial will not be able to register in the Junior RSP. This means all fees from the previous year needs to be paid before trialling.
- Players selected for State Age teams must play regularly for a CDNA club in our Saturday fixtures competition.

**Trial Cost:** \$65.00 per player

**Nominations:** via Netball Connect only

**Nominations close:** Sunday 21<sup>st</sup> January 2024.

- Players are asked to nominate two preferred positions. Players may be trialled, selected or required to play alternate positions at the discretion of selectors or team coaches.

### Teams

- Number of teams per age group is dependent on trialling numbers.
- Movement between teams will be possible until after the second representative carnival.
- CDNA aims to enter the two teams in each age group into the State Age competition – Championship and Challenge.

### Parent Representative Information Sessions:

All parents/guardians must attend one of the following Junior State Age information sessions.

**Session 1: 12s** = 27<sup>th</sup> January 2024 @ 8am

**Session 2: 13s** = 3<sup>rd</sup> February 2024 @ 9:30am

**14s** = 3<sup>rd</sup> February 2024 @ 10:30am

### Representative Selection Program Dates

- Skills and Trials Sessions
  - Session 1 – 12s only: Saturday 27<sup>th</sup> January
  - Session 2 – 12s, 13s & 14s: Saturday 3<sup>rd</sup> February
  - Session 3 – 12s, 13s & 14s: Saturday 10<sup>th</sup> February
  - Session 4 – 12s, 13s & 14s: Saturday 17<sup>th</sup> February



- Players to wear plain training shirt/singlet (no rep, club, or school uniforms), dark shorts/bike pants.
- Players must bring water and a sweat towel.
- Players must be strapped and ready to train/play
- Trimmed nails and NO jewellery

### **Squad Announcements**

The 2024 CDNA Junior State Age Squads will be announced via email, on the CDNA website and CDNA Socials by 20<sup>th</sup> February 2024.

Upon being named in a team, players must register their accept of their spot via the link provided in their email. A \$150 non-refundable deposit must be paid as part of their squad acceptance, with payments may by 23<sup>rd</sup> February.

Squad Games for team selections – Sunday 25<sup>th</sup> February at Pine Rivers, 1pm to 6pm.

### **Team Announcements**

2024 CDNA Junior State Age Teams will be announced via email, on the CDNA website and CDNA Socials by 3<sup>rd</sup> March 2023.

*\*Teams adjustments may be made after our attendance at the second rep carnival.*

### **Training**

Attendance at training is compulsory for all representative players. If unable to attend training, the team manager or coach must be notified as early as possible. Players frequently missing training without good reason may be asked to meet with a member of the CDNA Executive and provide reasons why they should not be withdrawn from the team. Injured players are still expected to attend training to observe and support their team.

Training will be held on Tuesday afternoons at CDNA Courts.

Junior State Age training commences **Tuesday 5<sup>th</sup> March.**

### **Training Uniform**

CDNA training singlet and dark shorts/bike pants or CDNA bike pants.

### **Playing Uniform**

All Junior State Age players are required to have the following CDNA uniform items:

- Playing dress - Hire
- Polo shirt
- Socks
- Bike pants
- Bucket hat

Full uniform is to be worn to and from courts and in the tent area at Day Carnivals and Junior State Age Tournament. No foreign jumpers or hats are allowed and under garments should not be showing i.e. bra/sports crop straps.

### **Representative Day Carnivals (All teams)**



All CDNA Junior State Age teams will attend at least five (5) Association representative day carnivals. All players are to make their own way to each representative carnival. All players must stay for the duration of all Caloundra games, unless instructed by Representative Convenor or Junior Rep Coordinator. The dates and locations of these carnivals will be confirmed when associations release their 2024 calendars.

*\*Carnivals are used as a training opportunity for teams to work on their playing structure, player combinations and to implement techniques/skills learnt at training. It also offers the Coaching team an insight to what they still need to work on at training.*

**Players are required to attend ALL training sessions and ALL carnivals. Absences other than for medical reasons may impact the player's place in the team and/or court time at State Age.**

### Netball Queensland Nissan Junior State Age (All teams\*)

The Nissan Junior State Age Carnival is Netball Queensland's state carnival for players aged 12 to 14. It is CDNA's plan to enter two (2) teams in each age group into State Age (Championship -Red, Challenge - Blue).

CDNA will be staying away as an association, leaving Friday 28<sup>th</sup> June from Caloundra Stadium.

**Location:** Downey Park Netball Association

**Date:** 29<sup>th</sup> June to 2<sup>nd</sup> July 2024

### Junior Rep Calendar

DECEMBER / JANUARY / FEBRUARY	MARCH	APRIL	MAY	JUNE	JULY
1 <sup>st</sup> December Nominations Open	Tuesday 5 <sup>th</sup> Physio, Dietician & Umpire session	Sunday 21 <sup>st</sup> Caboolture Carnival	Sunday 5 <sup>th</sup> Pine Rivers Carnival	Sunday 2 <sup>nd</sup> Downey Park Carnival	Monday 1 <sup>st</sup> State Age – Day 3
21 <sup>st</sup> January Nominations Close	Tuesday 12 <sup>th</sup> Team Training		Sunday 19 <sup>th</sup> Western Districts Carnival		Tuesday 2 <sup>nd</sup> State Age – Day 4 Teams Travel Home
27 <sup>th</sup> January Trials – 12s only	Tuesday 26 <sup>th</sup> Team Photos				
3 <sup>rd</sup> February Trials – 12s, 13s & 14s	Sunday 17 <sup>th</sup> Metro District Carnival			Friday 28 <sup>th</sup> Teams travel to Brisbane	
10 <sup>th</sup> February Trials – 12s, 13s & 14s				Saturday 29 <sup>th</sup> State Age – Day 1	
17 <sup>th</sup> February Trials – 12s, 13s & 14s				Sunday 30 <sup>th</sup> State Age – Day 2	
25 <sup>th</sup> February Pine Rivers Squad Games					

*\*Carnival dates to be confirmed on release of Association Calendars.*



### 3. Representative Selection Eligibility

- To be eligible to be selected and play in a team representing CDNA, players shall satisfy the following conditions:
  - Be a playing member of an affiliated club participating in the Saturday Junior Club Competition.
- In this by-law, “regularly participate” requires that a player has, at any point in time, played in at least 50% of fixture rounds for a particular season, with appropriate allowance made in the case of legitimate illness or injury.
- Players who have been unable to trial due to injury or illness must provide selectors with a return to play plan and medical clearance.
- The Executive Committee at any time may require any selected player who fails to meet her obligations to stand down from a representative team and request the Selection Committee to choose a replacement.
- The Executive Committee has discretion in determining whether a player has satisfied these requirements.
- Please note, any player who withdraws after the announcement of the squads (depending on the nature of the reason) may not be able to trial for CDNA in the following representative season.
- Injured Players – any injured player will be reviewed on a case-by-case basis. It is our aim for teams to field players at 100% fitness; this includes training, Carnival Days and Championships.

### 4. Player Fees & Scholarships

#### Junior State Age (12-14 years)

\*Fees for Stage Age players are subject to travel and accommodation costs and will be determined as soon as possible.

#### Payment of Rep Fees:

- Full rep fees are due by 14<sup>th</sup> June 2024
- A payment plan can be arranged. Please email [reynetball@caloudranetball.org.au](mailto:reynetball@caloudranetball.org.au)
- Please note, any player who withdraws after the announcement of the squads (depending on the nature of the reason) may not be able to trial for CDNA in the following representative season and may not be entitled to any refunds.

#### Representative Scholarships

In 2024, there may be Representative Scholarships on offer to our players (depending on Sponsorship dollars received).

The successful players will be able to use this amount to assist with representative fees.

Applications are now open, please email [reynetball@caloudranetball.org.au](mailto:reynetball@caloudranetball.org.au) to obtain the scholarship application.

### 5. Representative Uniform & Kit Bags

All players are required to wear the CDNA Representative Dress and attend the appropriate uniform fitting day to collect their hire dress and purchase other association apparel.

Uniform Shop dates are as follows:



- To be confirmed
- Return dates for dress to be confirmed on completion of rep season.

### Uniform Items & Requirements

Player Kit Bags should include the following items:

- **Mandatory items:**
  - 2 x Full Water bottles
  - Sports Towel
  - Spare socks
  - Hair ties/bobby pins
  - Sunscreen
  - Visor
  - Sanitary care
  - Sanitiser
  - Journal / Diary
- **Optional Items:**
  - Water spray bottle
  - Strapping tape
  - Nail clippers
  - Tissues
  - Sweat band
  - Spare shoes/slides for travel

## 6. Representative Awards Afternoon

The end of season Rep Awards Afternoon is a chance for the entire rep community to celebrate their achievements from the year. This event is usually held in late August or early September.

Details for this event will be provided to all rep participants closer to the set date.

Players and officials are able to attend this event free of charge.

The cost for parents/guests to attend will be advised and links to ticket sales provided.

CDNA's perpetual rep awards are presented at the event, which include the below:

- Spirit of the Association

## 7. Parent Trial/Training Information

### Trials & Training

- (a) Parents / Guardians are not permitted at trials.
- (b) Parents / Guardians are not permitted at training sessions. (Exception: if a parent is an CDNA team official performing a selected role for that team.)
- (c) Parents / Guardians are not permitted to approach a selector under any circumstances during or after a trial process.
- (d) All communications concerning feedback, **MUST BE FORWARDED** to our Parent Liaison Officer [repliaisonofficer@caloundranetball.org.au](mailto:repliaisonofficer@caloundranetball.org.au)



## 8. Parent & Player Responsibilities

Caloundra District Netball Association is proud of its players and supporters and expects from them the highest standard of sportsmanship and respect for fellow and opposition players, as well as towards all netball officials.

Being a member of a CDNA representative team is a great achievement but one that should be regarded as an honour and a privilege to represent your Association. CDNA has a proud reputation in our participation at all representative levels and we believe that we live up to our motto of 'Togetherness in Sport'.

Inclusion in the CDNA Representative Program comes with a number of responsibilities:

- **COMMITMENT** To attend all training sessions, carnivals and/or SCPL games
- **PUNCTUALITY** To arrive on time, fully dressed, strapped and ready for participation
- **DEDICATION** To your own fitness, skill development, sleep and nutritional needs
- **TEAMWORK** To be a team player, work hard for your team & support one another
- **RESPECT** For your coaches, teammates, officials and the CDNA reputation

Being part of the CDNA Representative Program requires all players and their parents to sign Player and Parent Agreement Forms. Signing these agreements confirms both the players' and parents' commitment to the CDNA Representative Program and the ability to meet all associated responsibilities, including attendance at training, competition dates and payment of fees.

Meet volunteer obligations as required by the rep committee. This may include fundraising activities, BBQ duty, time keeping, scoring, carnival set up/pack up, transportation of CDNA equipment to and from rep events.

The Codes of Behaviour for Players, Parents and Coaches are in the attached Appendices. The CDNA Representative Selection Policy can be found on the CDNA website. Agreement Forms will be forwarded upon selection to be signed by player and parents.

Thank you for your interest in the Caloundra District Netball Association Representative Programs. We wish you all the best throughout the Development and Selection Stages.

For any further questions, please contact [repnetball@caloundranetball.org.au](mailto:repnetball@caloundranetball.org.au)





## 9. Frequently Asked Questions

### ***Are all the trial sessions compulsory?***

Yes, the selectors will be assessing players at each session. Unexplained absences may lead to selection ineligibility.

### ***Why do some players get more time on court during trials?***

All players will play both of their nominated positions. Sometimes, there will be more players who trial for certain positions. To ensure that all players get on court in their preferred position, other players may get more time on court.

### ***My child doesn't play WD but was put on court as a WD during trials.***

This could be for a number of reasons. It may simply be that we haven't yet seen some players in their preferred positions and your child is filling in for that game. It could be that the coaches and selectors are considering your child's skills for that position or noticed that a certain combination worked well and are trying something new. Please trust in our process and encourage your child to try her best.

### ***Will training be held if it is raining?***

**State Age:** Yes. At State Age, we often play in the rain, and it is important that players learn how to adjust their play for rainy conditions. Training will only be cancelled if the weather is extreme or at the discretion of the coach.

### ***Are Training Partners required to attend training?***

Yes. Training partners are players who have been identified to train at the representative level and will be the first players to be considered for movement into a team should a player withdraw for any reason. If/when a training partner is elevated to a team, it is important that they have been training at rep level and are familiar with the rep community.

### ***My child also plays water polo/volleyball/football, and can't attend all training/carnival dates, as her other sport clashes, will this affect their place in the team?***

All players are expected to attend all training sessions and, for both Junior and Senior State Age teams, all carnivals. If a player misses training (or carnivals), other than for medical reasons, this could impact their place on the team or their time on court at State Age (or at SCPL games).

### ***Is there a minimum court time for players at State Age/SCPL?***

There is no minimum court time requirement for State Age events.



## APPENDIX 1 – CDNA Junior Player Code of Conduct

In addition to **CDNA's** General Code of Behaviour, you must meet the following requirements with regard to your conduct during any activity held by or under the auspices of CDNA and persons identified in the Member Protection Policy Clause 3 in your role as a Junior Player.

1. Participate because you enjoy it, not just to please parents and coaches.
2. Play by the rules
  - a. Know the rules.
3. Participate fairly and safely.
4. Abide by decisions, without argument or bad temper
  - a. Captains have the right to approach an umpire during an interval or after the game for clarification of any rule
  - b. Approach the umpire in a courteous and polite way.
5. Co-operate with your coach, and other players
  - a. Verbal abuse of officials or other players, deliberately fouling or provoking an opponent and throwing/ damaging equipment is not acceptable or permitted
  - b. Treat all players as you would like to be treated
  - c. Ensure that at all times your behaviour is fair
  - d. Be a patient and enthusiastic supporter of fellow players.
6. 6. Applaud all good play, by your own team and opponents.
7. 7. Be a responsible team member
  - a. Always be on time
  - b. Encourage and assist all players
  - c. Attend all training sessions
  - d. Ensure you always bring the appropriate uniform and equipment to training and/ or matches.
8. 8. Do not engage in practices that affect sporting performance (alcohol, tobacco and drug use).
9. Respect and acknowledge the contribution of those who create the opportunity for you to play - Volunteers (scorers, coaches, timekeepers, administrators, and umpires).



## APPENDIX 2 – CDNA Parent/Guardian Code of Conduct

In addition to **CDNA's** General Code of Behaviour, you must meet the following requirements with regard to your conduct during any activity held by or under the auspices of **CDNA** and persons identified in the Member Protection Policy Clause 3 in your role as a Parent/Guardian.

1. If your child is interested, encourage them to participate in the appropriate netball activity. However, if your child is not willing to participate, do not force them. Remember, children are involved in organised activity for their enjoyment, not yours.
2. Focus on your child's efforts and performance rather than the overall outcome of the event. This assists your child in setting realistic goals related to their ability by reducing the emphasis on winning.
3. Teach your child that an honest effort is as important as victory, so that the result of each game is accepted without undue disappointment.
4. Encourage your child to always play according to the rules.
5. Never ridicule or yell at a child for making a mistake or losing a game.
6. Remember that children learn best from example. Applaud good play by all players.
7. If you disagree with an umpire or coach raise the issue through the appropriate channels rather than question their judgment and honesty in public.
8. Support all efforts to remove verbal and physical abuse.
9. Recognise and respect the value and importance of volunteer administrators, coaches and umpires. They give up their time and resources to provide recreational activities for players and deserve your support.
10. Be a model of good sports behaviour for children to copy.
11. Be courteous in communication with administrators, coaches, players and umpires. Teach children to do likewise.
12. Support the use of age-appropriate development activities and modified rules.
13. Spectators are requested not to smoke near the netball courts.
14. CDNA does not permit any animals on or near the courts or in the fenced compound at any time. Bikes, roller blades, scooters, skateboards, etc. are not permitted in the fenced compound.
15. No spectator is to photograph any player or players without first having obtained permission to do so by the team coach or manager.
16. CDNA reserves the right to immediately remove from CDNA premises, any person who any member of the CDNA Executive believes, on reasonable grounds, to have breached this code of behaviour.



## APPENDIX 3 – CDNA Coaches Code of Conduct

In addition to **CDNA**'s General Code of Behaviour, you must meet the following requirements with regard to your conduct during any activity held by or under the auspices of **CDNA** and persons identified in the Member Protection Policy Clause 3 in your role as a Coach.

1. Operate within the rules and spirit of netball, promoting fair play over winning at any cost.
2. Encourage and support opportunities for people to learn appropriate behaviour and skills.
3. Support opportunities for participation in all aspects of the sport.
4. Treat each person as an individual.
5. Display control and courtesy to all involved with the sport
6. Respect the rights and worth of every person regardless of their gender, ability, cultural background or religion.
7. Respect the decisions of umpires, officials, coaches and administrators in the conduct of the sport.
8. Seek guidance from Convenor and/or Coordinator to ensure consistency of policies and procedures.
9. Wherever practical, avoid unaccompanied and unobserved one-on-one activity (when in a supervisory capacity or where a power imbalance will exist) with people less than the age of 18 years.
10. Adopt appropriate and responsible behaviour in all interactions.
11. Adopt responsible behaviour in relation to alcohol and other drugs.
12. Act with integrity and objectivity and accept responsibility for your decisions and actions.
13. Ensure your decisions and actions contribute to a safe environment.
14. Ensure your decisions and actions contribute to a harassment free environment.
15. Do not tolerate harmful or abusive behaviour.
16. Place the safety and welfare of the athletes above all else.
17. Help each person reach their potential – respect the talent, developmental stage and goals of each person and compliment and encourage with positive and supportive feedback.
18. Any physical contact with a person should be appropriate to the situation and necessary for the person's skill development.
19. Be honest and do not allow your qualifications to be misrepresented.