

Caloundra District Netball Association

COACHING POLICY

2025

Category:	Coaching	Version:	1
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1. Our Mission:

- 1.01 To nurture, develop and educate our coaches on all coaching matters in accordance with Netball Queensland's Coaching Development Plan, whilst ensuring the development, safety, and enjoyment of all players and to uphold the standards of the association.

2. Our Coaching Objectives

- 2.01 Develop and maintain skilled coaches capable of officiating any level of netball at local level and support of their continued development to state level.
- 2.02 To attract high performance coaches and resources to benefit and support the growth and development of our coaches.
- 2.03 To provide regular training programs and coaching initiatives to assist clubs with development of coaches, with the goal to increase the number of participants interested in coaching.
- 2.04 To uphold the highest standards of netball always coaching in a professional, positive, and sportsmanlike manner.
- 2.05 Working collaboratively with clubs to ensure best practice occurs on all levels.
- 2.06 Respecting all people regardless of skill level.
- 2.07 Coach without fear or favour.
- 2.08 Upholding all principles and policies in CDNA Constitution and By-laws
- 2.09 To learn from the past and look forward to the future with strategic frameworks that are adaptable to change.

3. Role of the Coach

- 3.01 Coaching netball can be both exciting and challenging. Your role as a coach is invaluable and your job is to ensure that the game is played fairly within the official rules of the game and in the spirit of good sportsmanship. Develop player skills to the best of their ability. Anyone can learn to coach but only good coaches can positively develop better players with skills that impact their whole life.
- 3.02 Coach Recommended Skills:
- (a) Knows, interprets, and comprehends the rules of the game.
 - (b) Has a confident, friendly, and pleasant manner.
 - (c) Consistent decision making.
 - (d) Uses common sense when necessary.
 - (e) Gives full attention to the game whilst coaching.
 - (f) Asks questions if unsure.
 - (g) Possesses a strong sense of resilience and advance problem-solving skills.
- 3.03 Recommendations for a Coaches Tool Kit:
- (a) Appropriate clothing to suit activity.
 - (b) Whistle
 - (c) Official Rule Book 2024 (app is available, Rules of Netball) [Rules of Netball](#)
 - (d) Balls and training equipment (or access to)
 - (e) First Aid kit (or access to)
 - (f) Water bottle
 - (g) Hat / Sunscreen (if needed)
 - (h) Coaching & mentoring Logbook
 - (i) Positive attitude and professional mannerism

Resources: [NQ Coaching Resources](#)

4. Netball Australia – Coach Code of Behaviour

- 4.01 In addition to Netball Australia's General Code of Behaviour, coaches must meet the following requirements with regard to their conduct during any activity held by or under the auspices of Netball Australia, Netball Queensland or Caloundra District Netball Association in their role as a coach.
- (a) Operate within the rules and spirit of netball, promoting fair play over winning at any cost.
 - (b) Encourage and support opportunities for people to learn appropriate behaviour and skills.
 - (c) Support opportunities for participation in all aspects of the sport.
 - (d) Treat each person as an individual.
 - (e) Display control and courtesy to all involved with the sport.
 - (f) Respect the rights and worth of every person regardless of their gender, ability, cultural background, or religion.
 - (g) Respect the decisions of umpires, officials, coaches, and administrators in the conduct of the sport.
 - (h) Wherever practical, avoid unaccompanied and unobserved one-on-one activity (when in a supervisory capacity or where a power imbalance will exist) with people less than the age of 18 years.
 - (i) Adopt appropriate and responsible behaviour in all interactions.
 - (j) Adopt zero alcohol and other drug use whilst in direct care of minors at all CDNA sanctioned events. Responsible behaviour in relation to alcohol and other drugs at all other times.
 - (k) Act with integrity and objectivity and accept responsibility for your decisions and actions.
 - (l) Ensure your decisions and actions contribute to a safe environment.
 - (m) Ensure your decisions and actions contribute to a harassment free environment.
 - (n) Do not tolerate harmful or abusive behaviour.
 - (o) Place the safety and welfare of the athletes above all else.
 - (p) Help each person (athlete, umpire etc.) reach their potential - respect the talent, developmental stage and goals of each person and compliment and encourage with positive and supportive feedback.
 - (q) Any physical contact with a person should be appropriate to the situation and necessary for the person's skill development.
 - (r) Be honest and do not allow your qualifications to be misrepresented.

5. CDNA Accreditation Requirements

- 5.01 Coaching accreditation costs are generally the responsibility of the individual coach seeking accreditation. This includes fees for courses, assessments, and ongoing maintenance or renewal of accreditation.
- 5.02 Club Coaching (including Net-Set-Go)
- (a) The following are the minimum accreditation standards required by CDNA before coaching or training can commence:
 - Completion of Foundation online coaching course
[Netball Learning Platform](#)
 - BlueCard and linked to Club or CDNA.
[BlueCard Applications](#)
 - Abide by the 'Coach Code of Behaviour'
[NA Junior Netball Policy](#)

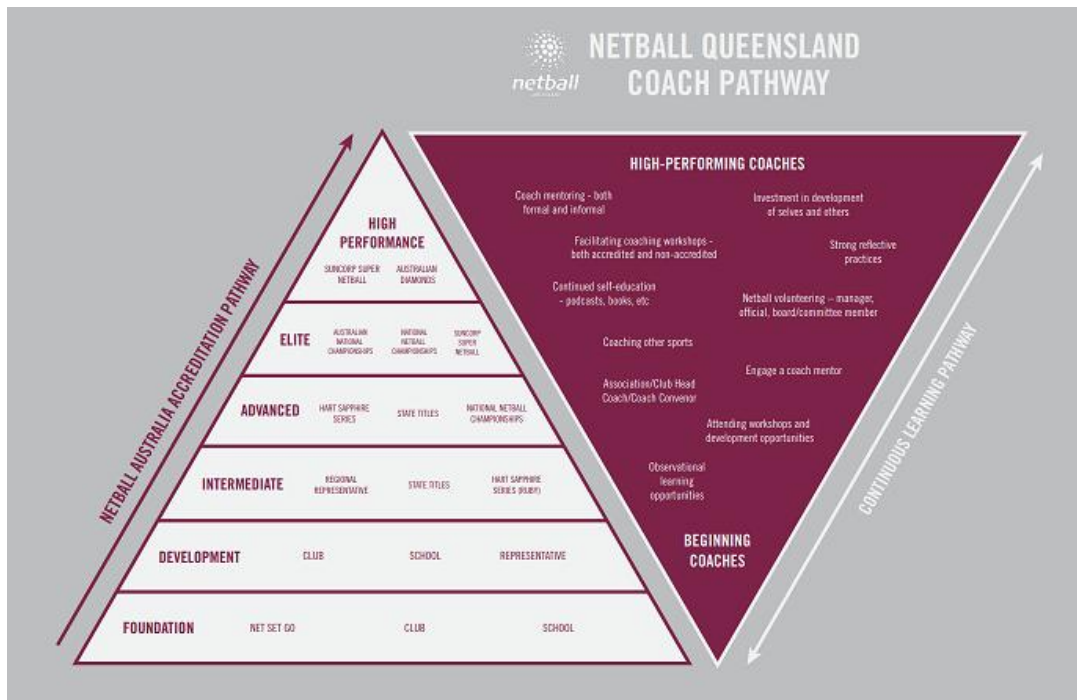
- Be a registered member of CDNA (via your club).
- (b) The following are additional recommended resources / courses:
 - Community Coaching Essential Skills Course– Highly recommended
[AusSports Community Coaching](#)
 - Play by the rules online courses - Highly recommended
<https://www.playbytherules.net.au>
- 5.03 Representative Coaching
 - (a) The following are the minimum accreditation standards required by CDNA:
 - Development Coach, or Foundation Level coach and working towards Development level; accreditation must be obtained prior to State Age Event.
 - Hold a current BlueCard or Exemption linked to CDNA portal.
 - Abide by the 'Coach Code of Behaviour'.
 - Be a registered member of CDNA or an affiliated Club.
- 5.04 Premier League Coaching
 - (a) The following are the minimum accreditation standards required by CDNA:
 - Intermediate Level coach, or Development working toward Intermediate Level.
 - Hold a current BlueCard or Exemption and linked to CDNA portal.
 - Abide by the 'Coach Code of Behaviour'.
 - Be a registered member of CDNA or affiliated Club.

6. Accreditation Requirements

- 6.01 Accreditation is one of the three key aspects of coach learning and provides coaches appropriate learning outcomes relevant to who they are coaching. Accreditation is critical for coaches to understand the key coaching, skill acquisition, game sense, player development and welfare, planning and risk management aspects of their role.
- 6.02 Coaches are encouraged to progress along the coaching accreditation pathway at their own pace and to find a level of accreditation that suits their coaching style and the level of player they enjoy coaching.
- 6.03 Updating
 - (a) Updating involves coaches completing various tasks in a four-year period following successful completion of an accredited course – Foundation, Development, Intermediate, Advanced and High Performance.
 - (b) It is a requirement that all coaches who become accredited must continue to update their knowledge to maintain their accreditation.
 - (c) Information regarding prospective updating workshops/clinics can be found on the Netball Queensland website.
 - (d) Failure to update, may result in loss of Coaching Accreditation.

7. Pathway to Coaching Success

- 7.01 Netball Australia's coaching accreditation framework aims to assist coaches to successfully move through the Coach Education Framework.
- 7.02 The coaching framework is a six-tier progression with each stage being accredited. Below is each step of the coaching pathway process.



8. Child Protection & Safeguarding

- 8.01 All coaches must have valid safeguarding training and background checks (if applicable).
- 8.02 Coaches must report any concerns regarding player welfare to the appropriate Member Protection Officer.
- 8.03 Maintain appropriate boundaries and professional relationships with players.

9. Acknowledgment

- 9.01 All coaches must read, understand, and agree to abide by this policy. Failure to adhere to this policy may result in disciplinary action, including suspension or removal from coaching roles within the association.